

# **MASTER COURSE**

*Compiled from the Wisdom of the Ages*

By A.K. Mozumdar  
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Following are scans of pages from one of several correspondence courses written by A.K. Mozumdar. This course was compiled in 1927. Elsewhere on this website are lessons prepared in 1920.

In this file are the following:

- First Course, Lesson 3 (other First Course lessons are missing)
- Second Course, Lessons 1, 2 and 3

The course pages from which these scans were prepared are the original typewritten pages. It appears that the copy held by The Universal Message is a carbon copy. Unlike the 1920 course which was mimeographed, this is an original typed copy.

These pages were among the personal effects of Mountfort Mills (1874-1949), a 1900 Harvard graduate who was a prominent New York City attorney. He served as the first chairman of the National Spiritual Assembly of the Bahā'is of America and Canada, was general council for the Bahā'ī National Assembly, and throughout his life was a leader in the Bahā'ī faith.

As noted above, this collection is incomplete. The Universal Message is hopeful that additional documents will surface in the future. Anyone who locates Mozumdar course materials is encouraged to contact The Universal Message.

## MASTER COURSE

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THE QUICKEST AND SAFEST METHOD FOR MAKING DEMONSTRATION

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### FIRST COURSE

#### LESSON THREE

### THE ABSOLUTE NEVER-FAILING METHOD FOR SPIRITUAL HEALING

The student should bear in mind these facts:

It is the meaning which we give to a word which gives it power, otherwise a word has no power of its own.

Back of all sacred words are sacred meanings given by the originators of these words.

The vibration of a word is determined by your mental vibration, which is regulated by the realisation of the meaning which you give to the word. Your vivid imagination to the effect that a certain word will have a certain effect will also give a word power.

The Ancients have used certain sacred words for healing. The power of the magic or charmed words is given, or accepted, by those who use them, and a certain mental effect is invariably produced on them on account of that belief.

Even the words we speak in ordinary conversation cannot have any power unless we give specific meaning to them.

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There are two kinds of faith - simple faith and illumined faith. Simple faith gives a quality to a thing, and accept it without question. Illumined faith is based on ACTUAL KNOWLEDGE OF a thing.

Faith brings peace to your mind, and thus your mind is brought in tune with the Universal Creative Law of Harmony, and a certain adjustment automatically takes place. Your body gives response to that adjustment.

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A healing suggestion that you receive has no power of its own except the power you bestow upon it by mentally receiving it without question. This mental reception stirs up the Divine Energy through your mind and brings about a certain mental and physical change.

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**PRAYER** - A prayer may lift your mind to the peaceful state of the Universal Law of Harmony, and thus the Universal Creative Law brings about certain adjustment in your mind and body.

When another prays for you, you are affected either by his mental state, if you are in tune with him, or you have simple faith that his prayer will achieve a desired result.

In our present lessons we are dealing with exact knowledge of the Law, hence our faith in healing is the illumined faith.

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Your mental vibration is regulated by your mental concept of your body and objects around you. When you know that in the last analysis your body is made up of the finest vibratory Divine Substance, and is responsive to your mental realization, your mental vibration rises to its highest pinnacle.

You should always bear in mind that beyond the organic plane, or biological plane so-called, disease germs do not exist, and when your mind reaches out beyond the biological plane, not only is its vibration raised, but the body is also affected by that vibration.

### PRACTICE NO. 5

REALIZING YOUR BODY IS BEING MADE UP OF DIVINE SUBSTANCE, HOLD IT IN THE ALL-PERVADING COSMIC RAY. THEN IMAGINE THAT THIS COSMIC RAY IS NOT ONLY PASSING THROUGH YOUR BODY, CLEANSING AND VITALIZING IT, BUT THAT IT IS ALSO NOURISHING AND STRENGTHENING IT.

After giving treatment to yourself you should know, or rather imagine, the work is being done, or is already done, and then rest your mind on that vision. Dismiss both the idea of disease and its cure from your mind after treatment.

The only way you can consciously make yourself and others receptive to spiritual treatment is to imagine that the treatment is working right now, or that it has already achieved the desired result - that is, by the help of imagination, bring your mind to the actual knowing or belief that the work is in progress, or that it is already done, then rest your mind on that vision.

Spiritual healing does not require any mental or physical strain. You should imagine Cosmic Ray as you imagine a flower or any useful article. As long as you give the attribute of Final Substance, it does not matter in what color you imagine this Ray.

In your absent or present treatment, you should mentally hold your patient in the Cosmic Ray and see him PERFECT. Visualize his body not only absorbing this Life-giving Force, but also becoming illumined by Its Light. In case you desire to give your patient a definite and specific treatment, see him perfect in the Cosmic Ray and mentally speak to him, saying: "YOU ARE THAT."

After giving treatment to your patient, you should entirely detach your mind from him and turn him over to the Creative Life. When you are concerned about the cure of your patient, you not only lower your own vibration, but you also interfere with the working of the Spiritual Law, which is harmony and peace.

When you touch a man, if he is conscious of your touch, you touch his consciousness. When a man feels a condition in any part of his body, he feels with his consciousness, hence when you touch the afflicted part of his body, you touch his consciousness in relation to that part with your realization. It is the most direct way to reach the consciousness of the average person. If the person is receptive, your realization of his eternal perfection, or the constructive work of the Final Substance, will be transmitted to his consciousness.

IN TREATING OTHERS, IF YOU SPEAK TO YOUR HEAVENLY FATHER - THE POWER MANIFESTING IN YOUR BODY AND MIND - ASKING HIM TO DO THE WORK, AND IMAGINE SEEING HIM ACTUALLY DOING IT, YOU WILL ALSO OBTAIN MARVELOUS RESULTS.

You must get away from any practice that makes you more conscious of the physical concept of life if you desire perfect mastery. The purpose of these lessons is not to get away from this body, which is fundamentally spiritual, but to get away from the deep-rooted negative subconscious idea of it. We are simply adopting a means to overcome our previous negative subconscious impressions, or inhibitions, without provoking opposition from them. At the same time, we are gradually coming to realize the holiness of natural desires, and their fulfillment according to the Divine Plan.

give you the result of meditation and study if your mind has the inner assurance.

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The finest of vibratory Substance is the foundation of all objective creation. This Substance is the Creative Life, which may be termed Cosmic Ray.

The ancient Hindu Masters discovered that out of Substance, substance comes - and that all tangible things have an intangible background. They also discovered that man's mind contacts an object that he sees or imagines seeing.

Since all your problems are due to your subconscious belief that you are PHYSICAL BEINGS, you can easily solve a problem by lifting your mind from the body center to the upper Spiritual Stratum where there is no problem.

When you see, or imagine seeing, the Cosmic Ray pouring from above, your mind is automatically lifted to the Upper Stratum.

#### PRACTICE NO. 1

BEHOLD THE DOWNPOURING COSMIC RAY OR DIVINE SUBSTANCE WHICH INTERPENETRATES ALL OTHER VIBRATORY STATES; THEN MAKE A MENTAL CONTACT WITH THE OBJECT YOU DESIRE IN THE DIVINE SUBSTANCE BY FOLLOWING THE NATURAL PROCESS LEADING TO THAT OBJECT AND MENTALLY DRAW IT TO YOURSELF, AND YOUR SUCCESS IS ASSURED.

The moment you lift your mind to that Spiritual Realm, no negative condition of your PHYSICAL CONCEPT of life can ever touch you. As long as your mind dwells in the "Secret Place the Most High," that is, in Divine Substance, nothing of a destructive nature can ever touch you.

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SECOND COURSE

LESSON ONE

THE PLAY OF CREATIVE IMAGINATION

(The Power of Attainment)

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The student should bear in mind the following facts:

The faculty of imagination is God's precious gift to man. Without it man would not be able to create. His dream, ideal, desire for invention and all forms of artistic creation would remain unrealized.

Without the faculty of imagination, man would not be the complete man. In other words, imagination is one of the faculties that go to make up a man.

If it were not in the Divine Plan for man to exercise his faculty of imagination for a specific purpose, it would be impossible for him to do so.

Man cannot use anything that God has not given him to use.

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Your mental pictures are made up of the Substance of certain vibratory qualities.

When, by the help of imagination, you taste or smell a thing, your mind actually creates that taste or smell out of Substance. In other words, your mind automatically follows Nature's process in making a certain molecular arrangement in order to produce that taste or smell.

Likewise you can re-create the essence of a certain food by the help of imagination and can obtain a certain amount of satisfaction from it. The result to any appreciable degree depends upon practice.

What you mentally accept is yours, and what you do not accept passes you by. What you recognize and accept comes to dwell in your consciousness. What you recognize and accept affects you. You make mental contact with that which you recognize.

The higher the conception of the Substance out of which all things are made, the higher will be your mental vibration.

Through the human mind alone, the Divine Energy can be gathered and utilized.

The moment you become conscious of this Divine Energy with a clear, definite idea or realization, you make mental contact with IT

The Power that you contact with your mind flows through your mind like electricity through a wire. You can change the speed and direction of the flow by imagination. The All-pervading Divine Energy is not only automatically creating with its inherent potentiality and plan, but is also acting through the human mind according to man's vision and imagination. Like electricity the Divine Energy is everywhere, but it requires the dynamo of the human mind to gather it and use it for a specific purpose.

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As by mechanical means you gather and use different kinds of rays, so by mental means you can gather and use still finer, vibratory Substance to upbuild your body and mind.

In the manner you mentally project or send the Cosmic Ray (the Final Substance) it is sent, providing you are truly conscious of its existence. (By analyzing an object, you gain the definite knowledge of it.)

As you can handle an object with your hand, so you can handle the Cosmic Substance with your mind by the help of imagination.

Whatever you imagine the Cosmic Ray to do while sending it, the same it does provided there is no mental interference on the part of the one to whom it is sent. So while sending it, you should imagine the work it is supposed to do.

You cannot force a man to receive it, but you can give him an idea how to receive it. Your responsibility ends the moment you send it.

Whenever man imagines that he is receiving the Cosmic Ray and that it is instantly doing a specific work which is accomplishing a definite result, he makes himself receptive.

The moment you spontaneously believe, or by the help of imagination you bring your mind to the point of belief that the Cosmic Ray is helping you, you really receive help. The principal thing is

to hold fast to the belief that the work is in progress, or it is already done.

When you imagine that a certain force is going out of your body, it really goes out, because you feel depleted. So when you imagine that you are drawing the Cosmic Ray into your body with the idea it is strengthening you, you really draw it, because you feel strong. Only with this difference, that you accept a negative idea more readily than a positive idea, on account of your subconscious race inhibition.

When you send the Cosmic Ray in the direction of an unknown person, it never fails to reach its destination. In the Spiritual Plane there is no space nor distance. Everything exists in Spirit or the Final Substance. Your mere knowledge of the existence of a person is sufficient.

Similarly when you know of the existence of a thing that you have not seen, and yet you desire it, you can contact it with your mind in the Spiritual Substance by the help of imagination and draw it to you.

The lower animal and plant life readily receive your spiritual treatment with the Cosmic Ray unless they are prevented by the human mind.

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### HOW TO REGAIN YOUTH

You can mould a definite figure out of the Spiritual Substance with your mind by the help of imagination, provided you have a definite knowledge of the Substance.

Knowing your body as made up of the Spiritual Substance, when you mentally mould it into a certain form, it is moulded. The question is one of raising your mind to the actual knowing state that the work is being done.

Even in the purely mental plane (without Spiritual Substance) you can somewhat control the form of your body by vivid imagination. But when your mind is free from the idea of solidity, it can act more freely and definitely.

### PRACTICE NO. 1

FIRST HAVE A CLEAR IDEA IN YOUR MIND THAT YOUR PHYSICAL BODY IS MADE UP OF IMPONDERABLE DIVINE SUBSTANCE AND THAT IT IS VIBRANT AND CAN BE MOULDED BY YOUR VISION. THEN VISUALIZE A PERFECT YOUTHFUL BODY IN THE COSMIC RAY AND MOVE AND ACT ACCORDING TO THAT VISION.

OR

IMAGINE YOUR BODY MADE UP OF THE COSMIC RAY, AND THAT IT IS TAKING ON A YOUTHFUL FORM ACCORDING TO YOUR VISION, AND THEN MOVE AND ACT ACCORDING TO THAT YOUTHFUL VISION.

N. B. Do not forget to cultivate young people and play the part of youth.



## HOW TO SPIRITUALIZE AN OBJECT

By analysis reduce a thing to the Final Substance and then realize it is made up of that Substance.

Beyond the biological plane the QUALITY of an animal organism does not exist. To spiritualize an animal organism is to realize it as made up of the Spiritual Substance.

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### SECOND COURSE

#### LESSON TWO

#### HOW TO DEVELOP A SPIRITUAL, MAGNETIC PERSONALITY

The student should bear in mind that we use the following terms interchangeably: the Final Substance, the Cosmic Ray, Divine Energy, Spiritual Substance or the Creative Substance. They are one and the same.

The Healing Substance and the Substance out of which this body and all other things are made and the Cosmic Ray are one and the same.

The more you extend your knowledge of all beings and things as being of one Substance, the more radiant you become. Your mind automatically breaks down all personal barriers and limitations.

A magnetic personality is not only a drawing personality but also a radiant personality. Your personality becomes highly radiant when you mentally touch the highest vibratory Substance.

When your whole being is charged with the Power of God, the Divine Substance, your drawing power increases. Hence, you should not only see the Cosmic Ray, but also draw it to you in order to charge your whole being.

When you imagine that your whole body and mind is charged by the Cosmic Ray, it is really charged. Like inhaling air, you should draw the Cosmic Substance with your mind.

The people whose imagination is not yet very strong achieve the same result by mentally drawing the Cosmic Ray while inhaling. But under no circumstances should they inhale with the idea that they are breathing in Cosmic Ray. They should bear in mind they are adopting this means only to stimulate their mental action. Any physical means of drawing the Cosmic Ray will lower your mental vibration.

The following is the most practical method of developing a Spiritual, Magnetic Personality:

### PRACTICE NO. 1

FIRST MENTALLY DRAW THE COSMIC RAY IN ORDER TO CHARGE YOUR BODY AND MIND. THEN WITH YOUR MENTAL EYE SEE YOURSELF AND OTHERS IN THE ALL-PERVADING, DOWNPOURING COSMIC RAY, AND IMAGINE THAT THEY ARE BEING DRAWN TO YOUR SPIRITUALLY CHARGED PERSONALITY. IT WILL, WITHOUT FAIL, DEVELOP SPIRITUAL, MAGNETIC PERSONALITY.

N. B. In this practice you should manifest no anxiety to see whether or not people are really drawn to you. By the very anxiety you will defeat the purpose. Only bring your mind to the point of belief that the work is being done and find rest and peace in that belief.

You need no specific time to practice it. If you are in a business office or store, you can simply practice it on your fellow workers or your employer. In fact, treat everybody you meet with the Cosmic Ray.

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### MANIPULATION OF COSMIC VIBRATION

Do not try to project the Cosmic Ray through the medium of your body. The body idea and the subconscious limitation may give you a sense of exhaustion when you have projected Cosmic Ray through the medium of your body.

Out of the Infinite Expanse you should mentally gather the Substance and hurl it in a desired direction. In other words, freely receive and freely project out of the Infinite, Ever-flowing Cosmic Substance.

You can increase or decrease the speed with your imagination.

You should always bear in mind that the purpose of manipulation of Cosmic Vibration is to render some constructive service.

Some people prefer chanting some words to stimulate the mental action while projecting the highly-vibratory Divine Substance. But if you have a tolerably good imagination, you will need no words to chant.

### PRACTICE NO. 2

FIRST BEHOLD THE ALL-PERVADING, DOWNPOURING COSMIC RAY, AND THEN PROJECT THIS RAY BY IMAGINATION IN A DESIRED DIRECTION. YOU CAN

CONTROL THE SPEED OF THIS VIBRATION BY YOUR IMAGINATION.

SOUL FOOD

Our soul is an individual or rather an individualized consciousness. The Creative Energy is not only creating but also becoming the creation. Everything is made of Divine Substance.

Love has been called soul food because when it is projected it carries with it the Creative Substance or the Cosmic Ray to the person beloved. By the help of imagination when you consciously send forth the Creative Substance you accomplish the same result.

Your mental action used in a distinct significance produces a distinct result.

PRACTICE NO. 3

WHEN, BY THE HELP OF IMAGINATION, YOU ABSORB THE COSMIC RAY WITH YOUR MIND, YOU FEED YOUR SOUL. YOU OBTAIN THE SAME RESULT BY HOLDING COMMUNION WITH THE EVER-PRESENT GOD -THE CREATIVE SUBSTANCE. WHEN YOU MENTALLY PROJECT THE COSMIC RAY WITH A DISTINCT PURPOSE OF NOURISHING THE CONSCIOUSNESS OF ANOTHER PERSON, YOU GIVE HIM SOUL FOOD.

Without soul food our souls become dead; we are unable to enjoy the beauty and grandeur of God's wonderful creation. The Foundation of our life is spiritual. We should constantly keep mental contact with the Spiritual Substance which is the Essence of all creation

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### SECOND COURSE

#### LESSON THREE

### SELF REALIZATION

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When you know that a tangible thing is after all intangible, then you do not worship an idol, but you worship your God in Spirit. If God is All in All, there cannot be anything that is not of God. Your very individuality - or individualized manifestation - is a tangible manifestation of the Intangible Substance. In fact, all concrete manifestations of God or Spirit are tangible, because they are so perceived.

Now, to realize the Intangible Substance of a tangible manifestation, is to realize God, which realization is called the objective realization. To realize God in an object is not so much to realize the Indwelling Spirit, but to realize the true Essence of that object. The objective realization is not difficult of attainment. When you know an object as God manifest, your mind automatically comes to dwell upon the Essence of that object.

#### PRACTICE NO. 1

PICK UP ANY OBJECT FROM NATURE, THEN KNOW THAT IT IS OF GOD SUBSTANCE, THAT IS, IT IS MADE UP OF THE COSMIC RAY. THE NEARER YOU COME TO REALIZE THE FINAL NATURE OF AN OBJECT, THE CLEARER BECOMES YOUR REALIZATION. HENCE, WE SAY, TO REALIZE THE ESSENCE OF A MANIFESTED OBJECT IS TO REALIZE GOD. THEREFORE, WHEN YOU TOUCH AN OBJECT, YOU TOUCH GOD, PROVIDING YOU HAVE THE REALIZATION OF THE ESSENCE OF THAT OBJECT.

## SUBJECTIVE REALIZATION

TO KNOW THAT YOUR POWER-TO-THINK, POWER-TO-ACT, POWER-TO-MOVE, POWER-TO-CONCEIVE OF GOD, POWER-TO-DENY GOD, POWER-TO-REALIZE GOD, IS GOD, IS TO HAVE THE SUBJECTIVE REALIZATION.

WHEN THROUGH MEDITATION, YOU REALIZE THAT YOUR POWER-TO-KNOW IS ALL, YOU HAVE, THEN, THE ALL-INCLUSIVE SUBJECTIVE REALIZATION.

WHAT YOU CALL SPACE IS NOTHING BUT YOUR CONCEPT OF VOID. IN REALITY, THIS SPACE IS GOD. YOUR VERY POWER-TO-CONCEIVE OF SPACE IS THAT.

## SPIRITUAL DISCERNMENT

When you act in the knowledge that the Essence of all being and things is beginningless and endless, you rise to the fearless state of your own immortality. By taking the spiritual measure of all beings and things, you develop a clear perception. The actions that are conceived in the mortal concept of life fall short of the spiritual standard. (The spiritually sensitized mind develops a greater depth of vision.)

### PRACTICE NO. 2

BY SELF-ANALYSIS REALIZE THAT YOUR ORIGIN IS OF DIVINE SUBSTANCE AND YOU ARE AN INDIVIDUALIZED EXPRESSION OF THAT SUBSTANCE. IT WILL NOT ONLY RAISE YOUR MENTAL VIBRATION, BUT WILL ALSO DEVELOP IN YOU A KEENER SENSE OF DISCERNMENT.

## HOW TO UNFOLD THE SIXTH SENSE

In the composition of man there is an Upper Region which ever remains undefiled and which is never affected by man's conscious and subconscious actions. Occasionally flashes that reach man's conscious mind from that region make him realize that there is a clear seeing and knowing of Something in him. If he persistently looks to that Something for guidance and inspiration, his mind gradually becomes attuned to It. In other words, his mind becomes a clearer medium of that Something. There comes a time when his conscious mind becomes so absorbed in the vision of that Something that there remains no line of demarcation between the conscious and super-conscious aspects of him.

Some call this Inner Something the Personal God in man, and others call it the Christ Within or Man-God. It is as much a part of you as your hands and feet, or any of your faculties. Every particle of your existence is of Divine Substance.

According to the latent potentiality, or Divine Plan, man is born with this clear-seeing and Clear-knowing Part of him. It is

not located in any particular part of his body or mind, but it is equally present in every part of his individualized existence. The idea of "Upper" and "lower" has been conceived only to show its relatively higher function.

When you turn your mind to the Power manifesting in your body and mind, or realize your body and mind as being of the Divine Substance, you mentally contact that Inner Something.

Always keep a general idea in your mind that this Knower and Seer in you is keeping watch over you and guiding you to the right road, and you will never fail to receive the timely protection and guidance. The very idea of this Clear-seeing and Clear-knowing Watcher in you will keep you safe from all the world's negative conditions.

### PRACTICE NO. 3

TURN YOUR MIND TO THE POWER MANIFESTING IN YOUR BODY AND MIND AND ASK IT FOR THE THING YOU WANT IT TO GIVE YOU. THEN SEE, OR RATHER IMAGINE SEEING, THAT IT IS ACTUALLY BRINGING IT RIGHT NOW, AND REST YOUR MIND ON THAT IDEA.

The moment your mind becomes peaceful, it comes in tune with the True Nature of this Inner Something, and then it receives the right direction and guidance. When the right direction comes always follow it.

If your lantern gives you three feet of light, walk that three feet and you will find another three feet ahead of you. Small beginnings always lead to the greater things of life.

The more you practice this wonderful lesson, the clearer will be your mind. You will let go of your preconceived ideas more and more, and let the Inner Voice prevail in your consciousness.

The student should remember the following facts which are of great importance:

1. Those who come into your life react to you according to your mental attitude toward them.
2. If you want a person to treat you kindly, either imagine him in the Cosmic Ray, and see him treating you kindly,

OR

Ask the Inner Something to make him treat you kindly.

(Negative sentimentality which makes you picture a negative or tragic situation causes you so much unhappiness that it should be discouraged from the start for your own sake.

Do not forget that by your own thought and attitude you affect your friend.)

3. If you do not want a person to forget you, either imagine him in the Cosmic Ray as keeping your memory alive,

OR

Ask the Inner Something to keep you fresh in his memory.

4. When you do not know which way to turn, either imagine in the Cosmic Ray that your path is ever lighted, and that you are coming to see the right road very soon,

OR

Ask the Inner Something to show you the right road, and mentally see that it is actually doing it.

You should always mentally see that the work is done, or being done, and rest your mind on that vision.

Last of all, we should like to emphasize again the point that that which you believe you are mentally receiving, or have received the same you will receive if you stand by that belief.

May the peace and blessing of Christ follow you all the way.

PEACE BE UNTO YOU.