Lessons on Master Wisdom
(Correspondence Course)

By A.K. Mozumdar
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By 1920, A.K. Mozumdar was well known by students all across the United States. He had recently moved from Spokane, Washington, to the Los Angeles area and often since his arrival in the U.S. in 1903 he had made tours of the country to lecture and teach. Several of his books had received wide circulation by 1920 and for several years his magazine, Christian Yoga Monthly, had spread his ideas far and wide.

Students, however, were pressing Mozumdar for more. Correspondence courses were relatively new and Mozumdar decided to try out this method of reaching people all across the country. His first correspondence course was simply called “Correspondence Course in Metaphysics and Healing” and in 1913 the newly revised set of lessons was said to show “in simple language and concise terms how you can realize the God-power within you, and by understanding, use it in the healing of the sick. The course consists of ten lessons, all of them full to over-flowing with valuable information to teachers and healers. Individual attention is given, and this course is indeed a blessing to those who have not the privilege of attending lessons and classes.” At the present time we have no copies of this course in either its original or revised form. If anyone has access to these or other Mozumdar materials, please contact The Universal Message at– info@mozumdar.org.

The pages following are actual scans of an original copy of Mozumdar’s 1920 correspondence course, “Lessons on Master Wisdom” that is housed in the Addington INTA Archives at the International New Thought Alliance (INTA) headquarters in Mesa, Arizona. There are ten lessons in this course but the collection held by the INTA is missing lesson six. Both The Universal Message and the INTA would love to obtain a copy of this missing lesson. This course appears to have been mimeographed and the quality of print is not the best, but it is readable.

— David H. Howard, President
The Universal Message (2007)
www.mozumdar.org
FOREWORD

Please study these lessons alone. Do not discuss them with anyone. In the silence, all mysteries are revealed and God's revelations come. Conflicting ideas and opinions disturb one's silence, hence they are a great hindrance to facilitate one's progress in the inner understanding of Truth. When the students share with another individual a spiritual lesson that is given to them, it kills their introspection; thereby stopping the inward silent growth, which is so essential to derive the full benefit from a lesson. First read these lessons from the beginning to the end. Then study each one carefully and understandingly. Please send us the answers to the questions, when you have finished the entire course. In the meantime do not fail to put into practice the fundamental truths that you will have learned. By doing we learn to do. By practice we become proficient. If you are spiritually hungry, you cannot fail to appreciate the marvelous revelations that have been embodied in these lessons. If you faithfully apply these lessons the result will speak for itself.

With love and blessings to you all,

A. K. M.

CORRESPONDENCE COURSE

LESSONS ON MASTER WISDOM
(The Truth that Jesus Taught)

THE MYSTERY OF CONFESSION

Lesson One:

This course of lessons contains great wisdom as taught by all the Oriental Masters and Sages. In order to understand this wisdom one must be humble and have a childlike simplicity so that their spiritual perception may remain free from obscurity which is caused by the world's thought of mortality. All truths are simple. They are so simple that a little child can understand them. If you do not understand them, it will not be because they are difficult to understand but because you have made yourself non-receptive by infilling your mind with the world's misleading ways and thoughts.

In this lesson we propose to give you some of the great secrets of the mental life. When we say great, we mean simple and valuable. If you apply the knowledge gained in this lesson, to your daily life, you will simply be astounded at the wonderful result that you will obtain. Now carefully study the following master key-thought:

IF YOUR MIND IS WEARY OR YOU ARE BURDENED WITH A SECRET, DO NOT TELL IT TO ANY MAN BUT TELL IT TO GOD. THE VERY SACREDNESS OF THE ACT WILL PURIFY AND LEAVEN YOUR MIND TO THE PLANE OF PERFECT JOY AND BLISS. THUS YOUR SINS WILL BE FORGIVEN AND YOU WILL HAVE A CLEAN MIND AND A PURE HEART.
In the Orient it is the general belief that disease, misery and misfortune are caused by sin. Every year thousands of people go on a pilgrimage to a distant shrine, to confess their sins to a deity in order to be free. It is surprising to notice the benefit people derive from such a course of action.

Once a wonderful case came under my observation. A man who was stricken with leprosy was contemplating taking a pilgrimage to a distant shrine. Being a poor man, he was begging from door to door, to obtain the necessary funds to take this journey. He came to the school, which I was then attending and made a plea for his cause, narrating a very interesting story. He said he had tried every means to find a remedy for his malady, but it was all in vain. One night, in utter despair, he turned to his deity for help. After a long prayerful night he fell asleep. In his sleep he had a vision of the great God Siva (the God of All-good or Well-being) who commanded him to go on a pilgrimage to a certain shrine, confess his sins, make the customary offering to the deity and he would be cleansed of his leprosy.

After awakening he determined to carry out the injunction, which he received in his dream. This man took the long pilgrimage. When he returned he was perfectly cured of the leprosy. I know thousands of cases of just such astonishing cures, obtained by this method. There must be some deeper meaning in the act of confession or all of the Masters and Sages of the past would never have recommended it. Now let us see what the purpose of confession is. The purpose is to unburden one's mind of one's short-comings and mistakes. This unburdening lightens one's mind and gives one a fresh start free from encumbrances. The reason that the majority of the people cannot make headway in life is because they are hampered with the idea of their past short-comings and mistakes. Their minds not being free, they see the vision of the ghost of their past and cannot realize God's exuberant free life.

Science tells us that when our body becomes clogged with impurities it becomes diseased and the remedy of this disease is the purification or cleansing of the body. Since we know that the cause of all disease is in the mind, does it not stand to reason that the cleansing or the unburdening of the mind is the sure remedy for the disease as well as for misery, misfortune and lack?

According to the ancient injunction of the Masters, a man should confess his sins to no man but to God only. They knew full well, that the story of one's defects and short-comings, would not always bring out an encouraging response from another mind. Hence it is more of a hinderance than a benefit. When two minds become conscious of a defect, its effect becomes stronger on the mind of the one who confesses. Yet unburdening one's mind of past mistakes and defects is a great help to the person, provided he is conscious of being relieved.
As Spirit you are eternally free. Only in your self-conscious mental state of life do you become conscious of sin, seduction and other bedarkened conditions. Sin means darkness. The moment your mind comes nearer to God it becomes lighted. That is what is called the forgiving of sin. As you speak to God your mind is raised in that direction and you keep on speaking and thus you feel the nearness of God.

Once I asked an Oriental teacher why a man should go on a pilgrimage to a distant shrine in order to make his confession. He said that there was no need of going on a pilgrimage if a man had the realization. God is here. God is in every man but the average person does not know it. Hence when they go on a pilgrimage they think that they are doing something which is actually earning for them the blessings of God. Of course it helps. God infills space. He is the same Power which is back of this body and mind. His Presence is nearer than your breath. With that consciousness, when you open your heart and confess to your God, your sins are forgiven you and you can have a new start, free from all past mistakes and short-comings.

One of the greatest contributions that Jesus made in the history of religion was the assertion that when a man's sins were forgiven by the Grace of God (consciousness of God's eternal Presence) man is immediately set free from the law of cause and effect. The purpose of the law of cause and effect is to bring a misguided man back to the path of light and truth by reaction. When that purpose is served by man himself the law of causation has no excuse to hold that man responsible for his past deeds. However, true the law of cause and effect may be in this mental plane of life, in the spiritual plane of consciousness the soul is set free by the Christ-consciousness of God's eternal Presence, here and now. So if you desire to make spiritual demonstrations, learn to confess your sins and open your heart to God when you are alone and feel the Presence of God in your body and mind and all space about you.

(GO TO A QUIET PLACE. SIT IN A RELAXED POSITION AND MAKE YOUR CONFESSION TO GOD.) In that silent confession you will receive new light and inspiration to express your life according to the prescribed way of the eternal God. In a few weeks you will enjoy such a sense of freedom and enter into a blissful beatic state which will far exceed anything you have yet experienced. May the Christ Spirit bless you forever and evermore. PEACE BE UNTO YOU.

Questions: What is the purpose of confession? What is the reason some people cannot make any headway in life? What is a sure remedy for disease, misery, or lack? Should we confess our sins to man? What is the purpose of the law of cause and effect? What will we receive by confessing to God?
Lesson Second:

In our previous lesson we have given you a wonderful master key-thought. In this lesson we want you to take particular note of another master key-thought which has a direct bearing upon the thought previously expressed.

PRAYER IS A LEAVENING PROCESS BY WHICH YOU LEAVE YOUR MIND TO THE POINT OF KNOWING THAT GOD HAS ALREADY GRANTED YOUR PRAYER. BEFORE YOU PRAY UNBURDEN YOUR MIND OF ALL ANGER, PASSION, JEALOUSY AND ANY UNKIND THOUGHT OR ATTITUDE THAT YOU MAY FEEL TOWARD ANY INDIVIDUAL. MIND THAT IS BURDENED BY THE WORLD'S THOUGHT OF MORTALITY CANNOT BE LEAVENED TO THE PLANE OF PURE GOD-CONSCIOUSNESS. THE MOMENT YOU FIND MENTAL PEACE OF JOY YOUR PRAYER HAS BEEN ANSWERED. THE PROCESS OF LEAVENING THE MIND BY AFFIRMATIONS OR MANTRAMS HAS NOT THE SAME SPONTANEITY AND VITALITY AS THAT OF THE EARNEST PRAYER. THEREFORE DO NOT PRAY IN A SET FORM, BUT PRAY AS IF YOU WERE ASKING YOUR FATHER OR MOTHER FOR SOMETHING THAT YOU NEEDED. "ASK AND IT SHALL BE GIVEN YOU; SEEK AND YE SHALL FIND; KNOCK AND IT SHALL BE OPENED UNTO YOU."

You have heard and read a great deal about prayer. Prayer is the most effective means ever employed to raise one's consciousness not only to the Presence of God but also to the knowledge that the Giver of all gifts already has given all that one needs. The realization itself is a spiritual demonstration. After that realization if a man does not worry he soon consciously receives that for which he prays. Now the question is what is the main hindrance in our lives which prevents us from entering into the perfect prayerful state? The reason is the giving way to anger, passion, jealousy and all the mortal thoughts which obscures one's vision from the Reality of things. We have received the Master-wisdom, in our previous lesson, how to overcome the bedarkened condition of the mortal concept of life. We should unburden our mind to God by confession and come to feel a sense of freedom in the realization that we now stand clean and pure.

When we forgive others in the Presence of God we also are forgiven our sins. God being the background of all manifestation, so long as a thought of inharmony toward a single individual exists in our mind we cannot fully realize freedom and the eternal Presence of God. Perhaps it seems as though a simple matter of forgiveness should not stand in our way to make spiritual demonstration! Nevertheless it is just such a seeming trifle as this which completely upsets the human mental mechanism and obstructs the vision of pure God-consciousness. I knew a lady who had cancer of the stomach. She had sought every possible remedy. She tried them
all but received no benefit. She came to me for treatment as a last resort. At first I could not understand what was keeping her from getting well. Apparently she had faith. She was conscientious and was willing to do anything she was told to do in the way of treatment and yet she received no benefit. I continued to treat her for a while without any result. I knew that there was a mental obstruction somewhere which was hindering her progress toward recovery. One day an idea came to my mind. Acting upon it, I told her to pray and preparatory to her prayer, she must forgive everybody and make her confession to God. Next time she returned for treatment, she appeared to be very dejected and told me that it was not possible for her to forgive everybody. Some one had done her an irreparable wrong, which she had not forgotten all these years. Her mental attitude was that she would rather die than forgive that person. After much reasoning and explaining I was able to change her mental attitude. From that time on she began to improve rapidly. Now she is entirely free.

There is so much in confession and forgiveness that very few people actually realize their importance. We know that man as Spirit is forever free. It is not a question of freedom, but the realization of that freedom. Only through mind can that realization be brought forth. When the mind is infilled with thousands of perverted ideas of life, how can we have the realization of the Presence of God and His eternal gifts? Many truth students, not knowing the mystery of the mental play life, absolutely depend upon affirmation or denial in order to make the Law work. No amount of affirmation or denial will help a man to see the sunlight, who voluntarily shuts his eyes. If we can free our mind and heart from all obscurity, we will automatically receive God's free bounties. One essential thing in prayer is that we must have a clear concept of our God in ourself. We should keep on speaking toward that God until our mind actually feels the nearness and Presence of Him. The answer of all prayer is determined by the peace and joy that we feel while praying.

The most concrete idea of God that we can have in ourselves, free from all personal attributes and coloring, is that God is our Power-to-think, our Power-to-move our hand, our Power-to-breathe. When we drive our mind in the direction of this God by means of prayer, we feel the nearest Presence of God in ourselves. The words must be forgotten, only the thought and the idea of God should be kept in mind. The words should always follow your thought. You should keep on saying, in your own way, the things which are spontaneously rising in your heart; until your mind is raised to that point of knowing where peace and joy reign. You can pray anywhere, any time and in any way that is most suitable for you.

Some people think that the best time to offer such prayer is before retiring at night and before arising in the morning. Prayer has a wonderful power; not only to resurrect your consciousness, but also to influence those who are en rapport with you. Once
a little sick child of a poor mother was dying. All hope for its recovery was given up by the doctor in attendance. Death was momentarily expected. But the mother was determined to save the child's life. She wiped away her tears; with grim determination got down upon her knees and began to pray that the clouds be lifted from her mind. She prayed and prayed, until actual light burst forth in her mind and a sense of serenity and joy settled in her consciousness. Then she arose to her feet and said, "My baby is alright. The Lord has heard my prayer." From that time on the crisis passed and the child began to improve. When thousands of people are getting the benefit from correct and scientific prayer, you should certainly feel inspired to try it in your own life. We wish you happiness and joy in the ever-increasing light of realization. PEACE BE UNTO YOU.

Questions: What prevents us from entering into the perfect, prayerful state? How shall we overcome all dark conditions of mortality? Why should we forgive others? What is one essential thing in prayer?

Where should we pray? What should this lesson inspire us to do?
Lesson Third:

This is one of the most important lessons on demonstration of our desired objects that has ever been given to the world. The secret of this demonstration is to arrive at a surer basis of knowledge; that everything that we desire we already possess. This is the wisdom that was revealed by the Master metaphysician, Jesus the Christ twenty centuries ago. But the modern students of metaphysics, not knowing the working hypothesis of the Law, discovered and expounded by Jesus the Christ, lay special stress on imagination or make-believe. That is, they tell us that we should imagine that we possess the thing desired, if we actually want to realize it. This form of imagining or make-believe does not give us the surer basis of knowledge of the things of Spirit, which brings peace to our mind. When we have perfect peace of mind regarding the thing that we desire, knowing its eternal fulfillment, we consciously receive it through the inner inspiration and direction. A thing does not come to us by floating through space, but by the mysterious working of the inner Law. When our vision is widened we are able to know and see the ways and means by which we can acquire it. Sometimes we run into the very thing that we desire or that thing is brought to us through some human agency. Man without a vision sees only one way of the working of the Law, but man who has obtained the inner peace through the surer knowledge of the Spirit of things, sees a hundred and one ways through which the Law operates. Now carefully study the following master key-thought which will give you surer knowledge of the things of the Spirit.

YOUR SPIRIT HAS ALREADY RECEIVED ALL THE DESIRABLE THINGS BEFORE YOU DESIRE THEM. THEREFORE WHEN YOU CONSCIOUSLY DESIRE A DESIRABLE THING, FIND THE MENTAL PEACE OF JOY IN THE KNOWLEDGE THAT YOU HAVE ALREADY RECEIVED IT IN SPIRIT. THIS DEFINITE KNOWLEDGE AND VISION OF THINGS WILL ENABLE YOU TO CONSCIOUSLY RECEIVE IT. THE SPIRITUAL SENSE OF POSSESSION BRINGS ALL NATURAL AND DESIRABLE THINGS WITHIN THE SPHERE OF YOUR CONSCIOUSNESS. THE MYSTERY OF THE DEMONSTRATION THAT JESUS TAUGHT HIS DISCIPLES WAS THIS: KNOW THAT YOU HAVE ALREADY RECEIVED IN THE KINGDOM A DESIRABLE AND DESIRED OBJECT, AND YOU WILL CONSCIOUSLY RECEIVE IT.
By Spirit we mean your Power-to-think, move and act. This Power eternally IS — beyond all time and space — hence everything that you consciously desire has been eternally fulfilled to the Spirit. Know and realize that your Spirit has already received the thing that you consciously desire. That realization will not only induce peace in your mind, but will also enable you to consciously receive that thing. When I was a little boy I did not like mathematics. It was a hard, tedious grind to me. One day my mother said to me, "My boy, your Spirit has already worked out all the problems of mathematics, all that you have to do is to realize that fact and connect up with the Spirit." It gave me a peculiar sense of peace, and mathematics did not appear as cut and dried as it used to appear. Whenever I would be confronted with a difficult sum, I would look up to the Spirit for the solution; with the realization that It has already solved it. I would easily find the solution. The Law is, that any task which we think easy we can do easily. Hence any method that changes our mental attitude favorably toward a task, will help us to accomplish it with very little effort. The idea that Spirit has already done the thing that we undertake to do, makes us realize that we have already more than accomplished that task. The very realization raises our mind to the supernal heights of inspiration out of our self-imposed limitation.

In our self-conscious mental life, if we would turn our mind to our eternal Spirit (our Power-to-think, act and move) for everything that we desire, with the realization that It already possesses it, we would have no difficulty in making spiritual demonstration. In the early part of my life, before I had this glorious revelation, I used to think that the spiritual part of me knew everything and had everything that I wanted to know or to possess. It not only gave me comfort and peace through a positive assurance, but it also enabled me to demonstrate many things and to manifest wonderful power to do good.

This lesson is so wonderful and its mystery is so full of thrill and joy that it cannot fail to arouse great spiritual aspiration in all those who are fortunate enough to study and realize it. It certainly gives a man the knowledge of the mystery of dominion over all negative conditions such as disease, misery, misfortune and lack.

PEACE BE UNTO YOU.

Ques. What knowledge is a sure basis for spiritual demonstration? How does a desired object come to us? What attitude of mind will make our tasks simple and easy? What will the spiritual sense of possession bring? Where should we turn our mind to receive that which we desire? What will this lesson arouse in us?
Lesson Fourth:

I presume that you have heard or read about the power of
the spoken word. Not only in the field of persuasion and oratory,
but also in that of psychology. From time immemorial the power of
the spoken word has been recognized in the Orient by most of the
prominent masters and teachers. Jesus the Christ, the great master
metaphysician glorified words by the statements, "My word is truth",
and "The word that I speak is not mine, but He that sent me." The
power of the word is not in the mere sound but in the consciousness
back of it. The word spoken with a certain consciousness or conviction,
can not only affect the human being, but also the animal and
plant-life. A person may not understand the meaning of your spoken
word but he can certainly feel your mental radiation due to a certain
realization.

A word is but the outer expression of an inner thought.
In other words, to think aloud is to speak the word. But when you
speak the word with the realization that it is doing a certain work
it will do it within the law of manifestation. As we have already
stated, the power of your spoken thought is in proportion to your
conviction or realization. This will explain why our thought
vibration of a certain quality has a certain range.

It is not difficult to understand why our thought current
can affect a human being, animal or plant. Mental telepathy is now
a recognized fact. In our space concept one mind or center of
mental activity is far from that of another. There must be a
medium between any two centers of mental activity through which a
thought current is transmitted. It matters very little by what
name you call this medium, its existence is now universally admitted.
Some call it mind-stuff or universal ether or God. These various
names do not charge the true character of the substance. Since the
action of one mind affects another mind, does it not stand to reason
that our thought current will affect a lower animal or plant? It
certainly will. Before we use our thought to influence anybody or
any thing we must understand the underlying law of this universe.
Any thought that is not constructive and harmonious is opposed to
the universal law of harmony and peace. That thought is bound to
bring reaction upon the person who sends it. Any constructive
thought that represents the positive condition or state is in perfect
harmony with the universal Creative-law of God. The ancient
masters knowing this truth established a brotherhood. The purpose
of this brotherhood was not only to instruct people to use their
thought in the right direction for the right purpose, but also to
protect them from those who were using their power to wrongly
influence others.

Now I will give the master key-thought which you should study carefully.

SPEAK THE WORD TO AN ANIMAL OR PLANT WITH KINDNESS AND
LOVE, REALIZING GOD IN IT. IT WILL OBEY YOUR INJUNCTION WITHIN THE
LAW OF MANIFESTATION.

There was a family who had a bull-frog under their house which had annoyed them for the past year. The lady of the house, who is a student of our message, spoke the word to the bull-frog in kindness and with the realization that it knew and understood her wish and would give response in accordance with her desire. The husband scoffed at the idea saying: "I have been trying to get rid of that frog for a long time but every night he returns to sing me to sleep." That night the bull-frog again visited them and amid jeers and ridicule the woman repeated the word of command to the bull-frog. It ceased croaking shortly after and from that time on to the chagrin of her husband the bull-frog never returned. It was not only a demonstration of the working of the law to the woman, but it impressed the man greatly and he said: "Mother, there is something in your truth after all."

We will cite another instance where the spoken word repeated with the proper realization has reacted on the plant life in exactly the same manner. There was a woman who was a great lover of flowers. She made a specialty of rose bushes as they were her favorite flowers. But strange to say, they would not thrive with all her care and attention. Shortly after attending a lecture at our hall, where the underlying principle of the law of the spoken word was revealed to her, she returned to her home and went into the garden. She touched the rose bushes caressingly, spoke the word to them with love and the realization that they would give response and blossom forth in beauty and grandeur. Very soon after the bushes took on a healthy, hardy growth and soon the bushes were covered with fair blooms which made her garden a show place in the neighborhood. Her roses were the most fragrant, the blossoms the most colorful and the plants most vigorous in growth.

Any thought that suggests health, harmony, peace, love, joy, success, kindliness and generosity is a constructive and positive thought and it is in accordance with the Law of God. It is the divine prerogative of every man to use his God-given power along constructive and positive lines. God has given man wisdom to have dominion over all animal propensities or natures.
PEACE BE UNTO YOU ALL.

Quest. Can our thought current affect an animal or plant? Is mental telepathy a recognized fact? What thought will bring reaction upon the one who sends it? What was the purpose of the White brotherhood? Name some thoughts which suggest constructive and positive facts.
We will begin this lesson with the master key-thought.

If you are low in consciousness or in doubt, call another individual in whom you have faith. Then sit with that person and both of you agree that a certain thing will be done. Have faith in such an agreement, and the thing that you desire will be done. "If two of you agree on earth, as touching anything that they shall ask, it shall be done for them of my Father which is in heaven."

The students of the inner life who have studied with great masters and teachers claim to have received great benefit from this master wisdom. It is so simple that even a little child can understand and apply it to its daily life. That is why we think this lesson is invaluable to those who want to make the quickest demonstration over all forms of negative conditions. All that is necessary, is to sit with a person and agree with him that any positive state or condition that you may desire to realize is eternally fulfilled. Believe that such an agreement is a holy covenant which never fails to serve its purpose. When two minds agree upon anything that is of God, it can never fail to raise the mind to the point of realization out of the world's disbelief and depression.

Everything has been eternally fulfilled to the Spirit. But that fact is not often realized by the persons who are constantly compelled to associate with the world's negative thoughts and ideas. Anything that excites fear, doubt and selfishness is negative. In the positive sphere of thought man realizes that the Power which has brought out this concrete manifestation is responsible for all his needs. Not only that, but it has made provision for his every need. In other words, the needs of this manifestation have been eternally provided. Now to rise to that point of knowing is to make spiritual demonstration. When two minds agree upon that eternal Truth and do not worry, the demonstration or the conscious realization of the desired object or condition is inevitable. Everything that man requires is in touch with his mental life, only he may not be conscious of it. No matter how far or how near that thing may be in the external sense, in the internal or mental sense that thing is as near as he is conscious of it. His very realization makes that thing drift into the sphere of his conscious recognition or he becomes conscious of its presence. Such inspirational phenomena occur every day. We meet a person that we never expected to meet. We stumble upon a proposition or a thing which we never expected to contact. Only by keeping our mind in the inspirational
height of consciousness do we come to recognize our own more readily. Everything has been eternally demonstrated to us by our Creative-life. It is our part to know and feel the presence of the things that we desire or need.

Once a poor man was lying at the point of death. His case was pronounced to be incurable. Under that suggestion the man felt that he had no fighting chance. I was called as a last resort by one of his poor relatives. When I heard the details of the case, I was dumbfounded at the ignorance of the people in regard to the Divine Law of life. Knowing the man as an orthodox soul and a profound believer in Christ, I opened the bible and read to him the passage in which Jesus has spoken about the agreement between two persons. Then I said to him with my prophetic inspiration: "In the name of the Father, let us agree that you shall live and enjoy full health and it shall be done. Christ Jesus' promise cannot fail." Lo and behold, the dying man woke up with a new consciousness of life and health. In a few days he was up and around ready to resume work. Not only one case, but hundreds of cases can be narrated where men and women found a new lease on life, new hope and inspiration, by following this simple injunction of Master Jesus.

If you desire to benefit others and yourself, you can form a circle in which you can adopt this means of demonstration. Make it a rule among members of this circle that none should listen to gossip or agree with anyone upon things which are not desirable. An undesirable thing or condition is not in accordance with God's Law. If you are accustomed to indulge in and encourage undesirable things and conditions, your mind will never be receptive to the higher impulse and inspiration. God Almighty has given you all the power and wisdom that you need to have command and control over all negative conditions. His bliss, peace, joy, happiness, prosperity and sunshine are yours if you would but realize them.

PEACE BE UNTO YOU ALL.

Ques. What shall we do to realize our desires? Has every thing been eternally fulfilled to Spirit? Why is that fact not often realized? When two minds agree will the demonstration of the desired object or condition be inevitable? What has God given us so that we can command and control all negative conditions?
LESSONS ON MASTER WISDOM  
(The Truth that Jesus Taught.)

OBJECTIVE OR VITAL REALIZATION

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By A.K. Mozumdar

Lesson Seventh:

The Master Key Thought of this lesson is: AS WHEN YOU TOUCH A PICTURE, YOU TOUCH THE CANVAS, SO WHEN YOU TOUCH ANYTHING, YOU TOUCH GOD. RAISE YOUR MIND TO THE PLANE OF GOD-CONSCIOUSNESS, REALIZING GOD THROUGH THE CONTACT OF ALL BEINGS AND THINGS, ALL BEINGS AND THINGS AS FORMS, ARE NOT GOD BUT OF GOD-SUBSTANCE OR GOD-ACTIVITY.

There are two paths of realization followed by the ancient oriental students, one is subjective and the other is objective. In subjective realization a student, in his meditation, tries to eliminate the objective or phenomenal universe from his mind in order to realize the subjective Reality. In objective realization a student tries to realize God in and through all objective phenomena. Consequently a subjective realizer is so withdrawn from the objective world in his thought and action that he is never at home with the people at large. His nature becomes more and more sensitive to that which does not correspond to his subjective ideal and practice. That is the reason he seeks the solitude of mountain caves, the wilderness or the forest. If he continues long in this form of meditation, he becomes totally misfit to associate with humanity and render direct and practical service.

On the other hand an objective realizer feels at home with humanity, because his very realization of God in and through all beings and things makes him less sensitive to any condition of humanity. As long as he does not enter in and become entangled with their mental life he never feels the effect of association by mere contact. This is a decided advantage over the subjective realizer. The objective realizer reasons this way: If God be All-in-All we cannot exclude a single being or thing -- all is included in God. Then why not realize His Allness in all beings and things. The very realization keeps one's mind in constant touch with God. There is not a conscious moment when the Presence of God is not felt. Instead of meditation becoming an exclusive action it becomes a constant source of joy.

Then another thing, our realization of God in all beings and things gives us a sense of universal unity. The objective realization is expressive and hence radiant. It not only raises the mind of the realizer but also those who come in contact with him. By this advantage the objective realizer makes a better
healer. With the progress of realization his healing power increases. Most of the healers who perform instantaneous healing are objective realizers. They enjoy better health because by their very mode of realization they automatically comply with the Law of God or the universal Law of harmony and peace.

In objective realization all beings and things as forms are not considered God, but of God-substance or God-activity. This is not very difficult to understand. Take a chair for instance. A chair is made up of component parts, such as the seat, legs, back, etc. Now to consider its legs, seat or back as a chair would be a misconception. Yet in order to touch a chair we need not touch every part of it. Any part will answer the purpose.

All forms are but the different modes of Creative-activity. The manner in which the Creative-energy acts gives rise to a form. But the Creative-energy is not its manner of action. In order to have a concrete illustration we can take tobacco smoke. Some people can blow tobacco smoke in different rings. These rings as forms are not smoke but they are a certain mode of action of the smoke. Or these forms are described by smoke. Likewise the manner in which the Creative-energy acts is not the Creative-energy, although that mode of operation belongs to the Creative-energy.

This philosophical discourse is of little practical value. The main point which is to be borne in mind, is that we cannot touch any thing without touching God and we cannot see any thing without seeing God. If we can practice this form of realization we shall soon come to feel the Presence of God always. Everything will appear vibrant with the animating Power of God. Thus surrounded by the Presence of the living God we shall enjoy that immortal kingdom of which Jesus spoke, right here and now.

The ancient Masters discovered that even a most ferocious animal gives response to our mental attitude. No mental attitude has such a harmonious effect on any creature as that induced by the realization of God in it. The secret that many ancient Masters possessed in controlling wild animals was the realization of God in them. This form of realization would establish harmony between themselves and the animals. As long as harmony exists between any two beings there is no fear of danger. God Almighty has given us dominion over all the lower propensities. Through the realization of God in all beings and things let us assert our own divine rights.

Peace be unto you.
Lesson Seven

QUESTIONS:

What are the two paths of realization?

What advantage had the student that follows the path of objective realization?

What does our realization of God in all beings and things give?

What mental attitude will induce a harmonious effect upon any creature?
In olden times the Orientals used to heal all manner of diseases by the laying on of hands. That practice is carried out at the present day by certain denominations or sects. Some may argue that if we are Spirit why should we encourage any form of healing which suggests materiality. Such an argument can easily be met in the light of the higher understanding of metaphysical truth. Everybody knows that the dead body has no feeling nor can it contract any contagious disease. All diseases or affictions are in the mind. Mind or consciousness or the instrument of awareness belongs to the Spirit. Spirit in Its self-conscious mental life takes a certain impression which when deep-rooted in the consciousness reflects back upon the body. Those who advocate the laying on of hands in a higher metaphysical sense do not think that they touch a few pounds of clay. They are fully aware of the fact that the sense of touch belongs to the consciousness of the Spirit, hence when they touch any one they touch the consciousness of the person. They also know that this touch makes the person conscious of the performance of a certain deed which is done in a certain significance. The laying on of hands is merely a means to make the patient conscious that healing is being done. This not only diverts the mind of the patient from thinking of the disease but also makes him conscious that he is being treated for the restoration of his health. Then another thing, when a healer thus touches the consciousness of the patient it brings his patient's mind in tune with his. In this manner he is able to transmit his spiritual vision of perfection to the mind of the patient.

The Law is that the higher quality of the consciousness of one mind will be automatically transmitted to the other mind whenever two minds are in harmony with one another. The main thing is to be conscious that while you are touching a person you are touching his consciousness or his ever perfect Spirit. According to your vision or realization the quality of your consciousness will be transmitted to the patient.

Your so-called physical touch with a certain realization not only affects the human being but also the animal and plant. I know of a case where the broken leg of a dog was healed by the laying on of hands. I know another case where a cow manifested a tumor at the joint of her hind leg. The healer treated it by laying on of the hands and in a few days the tumor disappeared. In my own practice of healing I have found that it is one of the most effective means which can be employed to reach the average person.
Once a young girl of ten or twelve years came to me to be treated for a tumor which she had on her wrist. The first thing I asked her was if she believed that I could help her. In answer she said, yes. I placed my hand on her wrist, realizing her ever perfect spiritual body - which eternally exists to the Spirit. When I came back from that meditation or rather realization I found that half of the tumor had already disappeared. After that she came only three times and her tumor disappeared. This simply goes to prove that her consciousness was in perfect harmony with my consciousness. Therefore my vision of eternal perfection was so easily transmitted to her mind. The most difficult thing for the average person to realize is that all diseases exist in the mind or the consciousness of the person. Whenever our subjective impression finds affinity with a certain deed or action at once we become conscious of its reaction through our body. For instance, some people have a subjective impression that if they sit in a draft they are sure to catch cold. Though this action may be unconscious on their part they will catch cold just the same. Yet it has been proven that when that impression has been wiped out from the mind by infilling it with the idea that Spirit can never catch cold the draft has never affected the person. The mere intellectual acceptance of the fact that disease exists in the mind will not help the matter. When we actually come to realize that without the previous mental impression we cannot manifest a condition in and through our body we can consciously remedy the cause of the disease. If we have not that realization we can avail ourselves of the service of an individual who has that realization. The easiest way we can partake of the quality of his consciousness is by permitting the laying on of hands. In the Orient it is still a custom among the priestly class to bless a person or offer up a prayer for him by laying his hand upon his head.

We do not say that the laying on of hands is the only way to reach a person's consciousness but we say that it is the most effective means to reach the consciousness of the average person. The means is justified by the end. By the result alone can we judge whether a means is effectual or not. In order to determine the value of a teaching we must practice it. A few days practice can reveal to us a great deal more than a year's theoretical study.

I leave this key-thought with you which you should diligently study.

THE MOST DIRECT WAY TO SPIRITUAL HEALING IS BY THE LAYING ON OF HANDS AND REALIZING THAT YOU ARE TOUCHING GOD WHO CAN NEVER BE AFFECTED BY ANY CONDITION. IN OTHER WORDS HE IS ETERNALLY FREE FROM ALL CONDITIONS. IT WILL LIBERATE GOD-POWER THROUGH YOUR MIND AND CLEANSE THE BODY AND MIND OF YOUR PATIENT.

PEACE BE UNTO YOU.
Lesson Eight

QUESTIONS:

Where are all diseases and afflictions located?

What is the main thing to be conscious of while touching a person?

What will wipe out the impression that we can take cold?
Lesson Ninth:

The first key-thought in this lesson is as follows:

GOD IS YOUR POWER TO THINK, ACT, DENY AND AFFIRM. EVEN YOUR POWER TO DENY GOD IS GOD. IN THIS POWER ALL BEINGS AND THINGS EXIST, SO IN YOUR POWER REALIZE ALL BEINGS AND THINGS.

In this glorious New Message we can have a most intimate and familiar touch with God in ourselves. We have entered into a new era, a new cycle of race-consciousness which demands that we have an easier and closer realization of God. In response to this demand the revelation of this New Message has come. This is the end of all speculation and search. Instead of searching God by thinking and reasoning we find him in our very Power to think and to reason. Back of our thinking is the Thinker, the Power-to-think. This Power is neither male nor female, yet it is back of the manifestation of father-mother principle in man. No thinking or reasoning will ever go beyond this Power to think and reason. No denial will ever be able to disprove the Power-to-disprove. Hence we maintain in this new revelation we find our God back of our thinking, reasoning and denying. Such a nearness to God we have never felt before. He is the Feeler of all feeling - Knower of all knowledge. It at once removes the barrier between ourselves and our God and awakens within ourselves a sublime sense of our immortality in our Father, which is in heaven (in our consciousness of the true God). This is the God Jesus wanted to reveal to his disciples when he said: "I in my Father and Father in me." Our very conscious existence is buried in our Power-to-be conscious of ourselves. This Power transcends all ideals, ideas and attributes, because it is the very Power which conceives all attributes. All the attributes that we can give to our God are true to our human state of unfoldment. Yet no two individuals have the same conception of an attribute. These varied conceptions of God's attributes have given rise to many denominations, creeds and cults. This new revelation is the end of all creeds and cults because in this revelation alone do we find unity of all religions. No matter how varied may be the conception of the different individuals the Power-to-conceive is the same in all men. Since without this Power there cannot be a conception of attributes, it is the Power we must all be seeking, through attributes. All of our knowledge of seeing, hearing and knowing of this or any other world is dependent upon
our Power to hear, see and know. Hence in this Power all that we hear, see and know exists. The name of this realization is called the ALL - INCLUSIVE realization. We do not seek our Christ outside of ourselves any more. In our own Power to be conscious of ourselves we not only find Him but also all manifestation. The personal or impersonal God -- both aspects of the Creative-life -- exist in our Power to be conscious of ourselves. Our God speaks to our consciousness in the same manner as our friends speak to us. The Speaker of all speech is our Power-to-speak. From this Power comes all inspiration, aspiration, poetry, dream and realization. By this simple contemplation when we attune our mind with the Infinite Creative-law, we enjoy peace and bliss which passeth all understanding.

For your benefit I am giving you another Master key-thought. YOU MENTALLY ENJOY AND MENTALLY SUFFER. THROUGH YOUR MIND YOU MANIFEST ALL YOUR MENTAL AND PHYSICAL FORCES. WHETHER YOU ARE CONSCIOUS OF IT OR NOT. NOW CONSCIOUSLY USE THIS MIND AS AN INSTRUMENT THROUGH WHICH YOU MANIFEST YOUR PHYSICAL AND MENTAL FORCES ACCORDING TO YOUR MENTAL ATTITUDE, BELIEF OR THOUGHT. BY THE HELP OF IMAGINATION STAND BEHIND YOUR MIND AND OPERATE IT IN THE MANNER AND IN THE SIGNIFICANCE THAT YOU MAY DESIRE. YOUR MENTAL POWER OR FORCE IS JUST IN RATIO TO YOUR BELIEF IN OR REALIZATION OF ITS ACTIVITY. NO DEMONSTRATION IS POSSIBLE BEYOND THE LAW OF MANIFESTATION. DO NOT FORGET THAT YOUR MENTAL THOUGHT OR ATTITUDE IS RADIANT.

We have noticed how some days we are able to manifest more physical and mental power than on another day. By self-analysis we can easily determine the cause of such a phenomena. The day when we are harmonious with a task we do not mind how difficult the task may be. We seem to be equal to it. It goes to prove that we manifest our mental and physical forces according to our mental attitude toward the task that we undertake. God Almighty's Power is ever manifested. In the human plane that Power is especially manifested. In our own mind we may know the truth about our own Source of power and every task that we undertake. When we have settled that within ourselves it is very easy for us to manifest as much power as our task may need or demand. This wonderful truth should be realized and practiced by all the truth students. With the realization of this Truth all ideas of drudgery will disappear. It will be a great source of joy to undertake anything which affords us the opportunity to realize our greater power and efficiency. PEACE BE UNTO YOU.
Lesson Ninth

QUESTIONS:

What is God?

Where do we find God?

How can we manifest more power?

What will eliminate from our mind the idea of drudgery?
Lesson Tenth:

We want you all to understand the following Master key-thought because it contains one of the greatest and most practical metaphysical truths that has ever been given to the world.

ASK GOD (IN YOU) TO DO A CERTAIN THING AND IF YOU BELIEVE HE WILL DO IT, IT WILL BE DONE. THROUGH YOUR MENTAL BELIEF OR REALIZATION HE ALWAYS DOES THE THING YOU ASK HIM TO DO.

Now study the above key-thought over and over again, until the inner shade of meaning conveyed therein is revealed to you. If you can realize this sublime truth there is no demonstration that cannot be made in the shortest possible time. After the day's work is done if you are tired and cannot think very clearly just ask your God to do a certain thing for you or for your friend and it will be done. The principal thing is to find perfect mental rest in the belief or the realization, that He will do the thing that you have asked, or carry the message which you have intrusted to Him to deliver. To your astonishment you will find that it has been done.

Once I had dealings with a man who misunderstood my motive and was trying to make trouble for me. The more I tried to make my view-point clear to him by letter the less I succeeded. Not knowing how to handle the case I asked God in me to bring peace and understanding to the consciousness of the person. To my surprise I received a letter of apology from him asking my forgiveness.

After retiring at night if you charge or send your God to deliver your message of love, peace, good-will and harmony to a person, you will realize an astonishing result. God is everywhere but your idea of sending God on a mission gives your mind a tangible working basis.

Our Spirit or God in us knows all that is coming in the Creative order. That is, He has the knowledge of all that is positively true and harmonious and therefore when we ask Him to do anything that has been eternally done by His eternal Nature, it is also done to us in our concept of time. God in His individual aspect is ever conscious in every individual. He possesses subjective or intuitive knowledge of all things manifested. This
intuitive knowledge acts through our consciousness according to our belief or realization. The result which we obtain by our realization of God's action according to our request is simply miraculous.

One day I was very tired through physical exertion. I asked the Father in me to revivify my body. I relaxed on a couch ten or twenty minutes in self-abandonment. Soon I discovered I was thoroughly recuperated.

Another time I needed help to carry out a certain work. I asked my Father to send me that much needed help. In a few days it came. The Law is, when we do not worry or our minds are at perfect ease, whatever we ask of our Father we receive. The trouble with most of the people is that they allow a little subtle, gnawing feeling of worry to creep into their minds, even after asking God to do a certain thing. This subjective anxiety must be eliminated (by turning one's mind to one's mind) if an immediate result is desired. Then there is a class of people who always want God to do a thing according to their prescribed ways. They too fail to receive the desired result because they cannot be free from the inner anxiety which disturbs their peace of mind. Through peace of mind God's inspiration comes, and also the ways and means to accomplish the desired result.

Once a woman came to me with a story that her husband had left home after a family altercation. He had gone to his mining camp which was several hundred miles from their home. She asked my advice what she should do to bring harmony between herself and her husband. Her husband was a very obstinate and a conceited man. Whether he was right or wrong he would always assume that he was right. Learning of her husband's disposition and character I knew every other means to bring about a reconciliation would fail, so I told her to feel harmony with her husband and to charge the God in her to deliver the message of harmony to her husband. I told her that Spirit knows and does everything that is harmonious and true, to believe and quit worrying, Spirit would do the rest. A few weeks later this woman came to me with her good news that her husband had not only returned home but also was very repentant. Since then he has become a firm believer in this Gospel-truth. Now she applies this method to her daily problems and it always works.

The more we practice this lesson the more revelation we will receive of its inner mystery. By doing, we learn to do. By applying the lesson of truth to our life we become strong and proficient. The main thought which a student should entertain in his mind is that Spirit knows all and does everything according to one's realization and belief. This sublime truth has brought comfort to many weary souls, happiness to the sorrowful, strength to the weak, health to the sick. It turns poverty into plenty, despair into renewed hope and courage, bondage into freedom, darkness into light and death into eternal LIFE.

PEACE BE UNTO YOU.
Write a brief essay on this lesson.